

**Rutland’s Delivery Plan for the LLR Living Well with Dementia Strategy 2024-2028 - Year One**

- This delivery plan for Rutland County Council’s contribution to the delivery of year one of the LLR Dementia Strategy is to be presented to Cabinet on 14<sup>th</sup> February 2024
- Each organisation in this plan is responsible for progressing actions related to their core responsibilities as well as supporting cross-system partnership initiatives.

<b>Theme</b>	<b>Lead</b>	<b>Actions</b>	<b>Progress</b>	<b>Complete or Review</b>
<b>Strategic Leading, integrating and commissioning well</b>	RCC/ICB			
<ul style="list-style-type: none"> <li>• Data</li> </ul>		<p>To ensure ongoing accurate Rutland Specific data is provided</p> <p>Admiral Nurse - Monthly report sent to Director of ASC and Head of Service</p> <p>Admiral Nurse Annual Report</p>	<p>As of January 2024, Rutland only data has been provided – Accurate checks are being completed currently</p> <p>Caseload – Dec 23</p>	Ongoing
<ul style="list-style-type: none"> <li>• Promote practice that develops a strength-based approach to supporting families living with dementia</li> </ul>	All	To ensure every contact and support puts the person and their carer at the Centre of everything - To prevent Hospital/Care Home		Review Sep-24

		admissions and for people to remain at home for as long as possible. To prevent carer strain		
<ul style="list-style-type: none"> <li>Support and respond to the development of neighborhood or place-based plans and other interdependent projects that impact on this Strategy</li> </ul>	RCC and ICB Admiral Nurse	Provide a mechanism to report progress from local neighborhood actions to the DPB. Share good practice and learning from these actions across Rutland.	Collaborative working Health and Social Care Active representation of Admiral Nurse at Dementia Programme Board feed into the neighborhood network meetings	Ongoing
<p>MP Alicia Kearns, is supporting a dementia campaign in early 2024. To support those living with dementia in Rutland. To support diagnosis rates for Rutland</p>	RCC	To attend localized meetings to support the Campaign with a view to creating Demetia Friendly Communities	Initial meeting took place Dec 23 Next meeting Feb 24	Ongoing
<b>Training well - quality improvements and workforce competency</b>				
<ul style="list-style-type: none"> <li>Ensure the quality aspects of care for people living with dementia are monitored within NHS and Adult Social Care contracts and work with providers to address any gaps.</li> </ul>	RCC ASC Admiral Nurse Clinical Care Home Coordinator, Co-production, and Engagement Lead	<p>Review with the goal of improving staff competencies in Dementia Care within all care home and domiciliary settings.</p> <p>Review with the goal of improving the learning and development needs of employees working with people living with dementia.</p> <p>Provide Education to</p>	<p>To undertake a scoping exercise in care homes and domiciliary providers within Rutland to look at care staff and carers' needs.</p> <p>Exiting offer of Admiral nurses Ad-hoc training to VCS and social care staff using format of CPD</p> <p>Provide regular training sessions raising</p>	Oct-24

		<p>Social Care Colleagues, VCS and Faith groups.</p> <p>Increasing awareness of Admiral Nurse role and the importance of pre and peri diagnosis.</p>	<p>awareness of dementia to the Rutland community and professionals, using existing partner relationships and coordination of events.</p>	
<b>Monitoring well</b>				
<ul style="list-style-type: none"> <li>Review the systems in place to implement, monitor and report on the Strategy adapting as required at least annually.</li> </ul>	<p>RCC Admiral Nurses Co-production and Engagement lead RCC/Age UK</p>	<p>Community Engagement events taken place at Barrowden Sept 23 and Greetham Dec 23</p> <p>Rutland to work with Stakeholders, co production, engagement teams and people living with dementia and their carers. To empower and promote co-production and feedback for those living with Dementia and those caring for someone living with dementia, to ensure their voices are heard.</p> <p>Links being forged with schools and colleges to promote Intergenerational working practice.</p>	<p>Undertaken Community Dementia engagement events.</p> <p>Lived Experience Participation Group planned for April 24</p> <p>Currently looking at Letters and artwork, Reminiscence questions for Dementia around the school.</p>	<p>New events to be arranged for 2024.</p> <p>Planning start Feb 24</p> <p>Initial planning started and ongoing.</p> <p>Ongoing</p>

		Whissendine Primary School interested in participating	Considering Zoom options with each Pupil year	
<b>Preventing well</b>				
<ul style="list-style-type: none"> <li>Continue to raise awareness of dementia and its symptoms.</li> </ul>	All to continue collaboration with Rutland PCN, Neighborhood and ICB	Continue dementia awareness promotion activity, to include co-production and engagement throughout the Rutland community. Ensure the voice of the Admiral Nurse Team is heard at every opportunity.	Radio Interview given to Rutland & Stamford sound about Dementia by an Admiral Nurse Editorial in Rutland local magazine promoting role of Admiral Nurse-	May 23 June 23
<ul style="list-style-type: none"> <li>Promote dementia prevention methods such as lifestyle behavior changes. We will share a message of 'What is good for the heart is good for the brain' (Age UK)</li> </ul>			Earlier diagnosis and increasing the number of people being diagnosed.	Review Sept 24
<ul style="list-style-type: none"> <li>Encourage people to get involved in research and promote the advantage or early diagnosis</li> </ul>	All	Signpost to Alzheimer's and Dementia UK for onward research projects. Research projects locally i.e Northampton University Study	Identify clients through memory service clinics and visits to engage in research	Review Sep-24
<ul style="list-style-type: none"> <li>Encourage opportunities for community engagement and a reduction in loneliness and social isolation</li> </ul>	RCC Neighborhood leads. ICB, Admiral Nurses, Carers Team, ASC RISE, GP, VCS and Faith	Coordination of dementia bus to travel to harder to reach rural communities in the county, as well as Oakham and Uppingham.  To coordinate with our local supermarkets for promotion and engagement opportunities.	To discuss at the participation group in April 24	June-24

Diagnosing well				
<ul style="list-style-type: none"> <li>Aim to refine the dementia assessment pathway with the aim to reduce diagnosis wait times and increase diagnosis rates.</li> <li>To continue to support Pre and Peri diagnosis</li> </ul>	ICB, LPT and RCC Admiral Nurse RISE Team & PCN	Continue to report progress on the Memory Assessment Service Recovery Plan to DPB throughout 2024	<p>Continue to support Memory Service Clinics at Rutland Community Hospital – Community Care Services and community partners to offer full holistic service of those attending Memory Clinic</p> <p>Continue to support GP's with undertaking GP Cognitive assessments to identify early symptoms of a possible diagnosis of Dementia</p> <p>To consider methods of evaluation and impact of offering a holistic service i.e feedback forms, analysis of data etc.</p>	<p>Ongoing</p> <p>March 24</p>
Supporting well				
<ul style="list-style-type: none"> <li>Apply the LLR Carer Strategy actions to supporting people with dementia and their informal carers</li> </ul>	All	Continue implementation of the Rutland County Council contribution to the LLR Carers' Strategy	Work alongside the Carers team	June-24
<ul style="list-style-type: none"> <li>Support, review with the goal to manage pathways for people who have complex needs including where there are behaviors that challenge</li> </ul>	RCC	To work with Care Organisation in Positive Behavior Support and Carer Support. To review progress and learning from	Continue to work with MHSOP and CMHT  Weekly MDT meetings	Oct-24

		this additional support		
<ul style="list-style-type: none"> <li>Improve pathways and person-centred support for seldom heard groups such as younger onset dementia, diverse ethnicities, people with a Learning Disability, prison populations, rural and farming communities, and armed forces.</li> </ul>	All	<p>Review with the goal to improve access across Rutland population with health inequality projects and collaborative working with Armed Forces lead at Neighborhood Network Meeting.</p> <p>Shadowing opportunities with the Admiral Nurses offered to Learning Disability Student Nurses, Occupational Therapy students etc</p>	<ul style="list-style-type: none"> <li>Learning Disability Partnership Board Lived Experience Participation Group</li> <li>Network Neighborhood Meeting</li> <li>Rutland Staying Healthy Partnership Board.</li> <li>Joint Health and Wellbeing Communication and Engagement Plan</li> </ul>	Oct-24
<b>Living well</b>				
<ul style="list-style-type: none"> <li>Continue to develop and promote dementia- friendly communities, dementia support services and other living well support.</li> </ul>	All	Continue to promote dementia friendly communities	<p>Dementia Inclusive Network Group commenced Jan 24 (Prev Dementia Friendly Communities) will report into the Dementia Programme Board</p> <p>Project commenced with MP</p>	Review Sep-24
<ul style="list-style-type: none"> <li>Engage with people living with dementia and their carers including people with lived experience, to be involved in strategy development and</li> </ul>	RCC Admiral Nurses, Carers Team, Co-Production	Share delivery plan with those living with Dementia and their carers to ensure continued development	Lived Experience Participation Group	April 24

to inform our work.	and Engagement Lead	and ideas of support needed in Rutland		
<b>Dying well</b>				
<ul style="list-style-type: none"> <li>Promote and develop good practice in relation to people with dementia including strengthening the link with End-of-Life pathways, advanced care planning and the ReSPECT Procedures</li> </ul>	All	Continue to promote and develop good end of life practice, to include CPD to professionals and training plan for care homes and domiciliary services.	<p>Ad- hoc training completed 2023 to RCC staff, Citizens Advise Rutland and Voluntary Organizations</p> <p>Planned Care Home training</p>	<p>Ongoing</p> <p>July 2024</p>

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